

## **TOM FOY**

*April 24, 2012*

After I left Monsanto I worked two years at Bowmar Instrument in Ottawa, Ontario in Canada, as a research & process development engineer until 1975. I came to Arizona in 1975 to help setup a Light Emitting Display manufacturing facility for hand held calculators, for Bowmar instrument Inc. Bowmar decided to close their Arizona facility and I found myself having to move to Los Angles to work for a small semiconductor company. After about a year in LA, I got an opportunity to come back to AZ to work for a company called Litton Electro Optics, which was setting up a Night Vision Goggle company in Tempe, AZ.

While in AZ, I went back to school and obtained my BA in Management and then a MA in Management in 1989 from the University of Phoenix. Litton was bought by Northrop-Grumman April 2001 and then March 2008, L-3 Communication bought the EOS or Electro Optic Systems Division of Northrop. L-3 Communications still manufactures Night Vision Goggles primarily for the US Army and to other branches of the military and law enforcement. I retired from L-3 Communications Jan 8, 2010.

I enjoy playing with my 10 grandkids, playing golf and making cabinets in my garage workshop. I recently developed another passion to run in races with my grown kids and grandkids. The kids have been running half marathons for several years but I didn't think I could run with my bad knees. I started riding a bike for exercise and soon my legs were strong enough to support my knees again. I have now run several half marathons (Phoenix, Tucson, Disneyland, CA, and Dayton OH) and completed three Rock and Roll Marathons in San Diego and Phoenix. My next adventure is triathlons but I have to extend my swim range. I have participated in some short pool triathlons and one Open Water Sprint Triathlon and an Olympic distance triathlon. I hope to start competing in Ironman Open Water Triathlons. Fitness has become my passion and I love to motivate fellow couch potatoes to run or walk, swim and/or bike to improve fitness.



Tom Foy - 2011